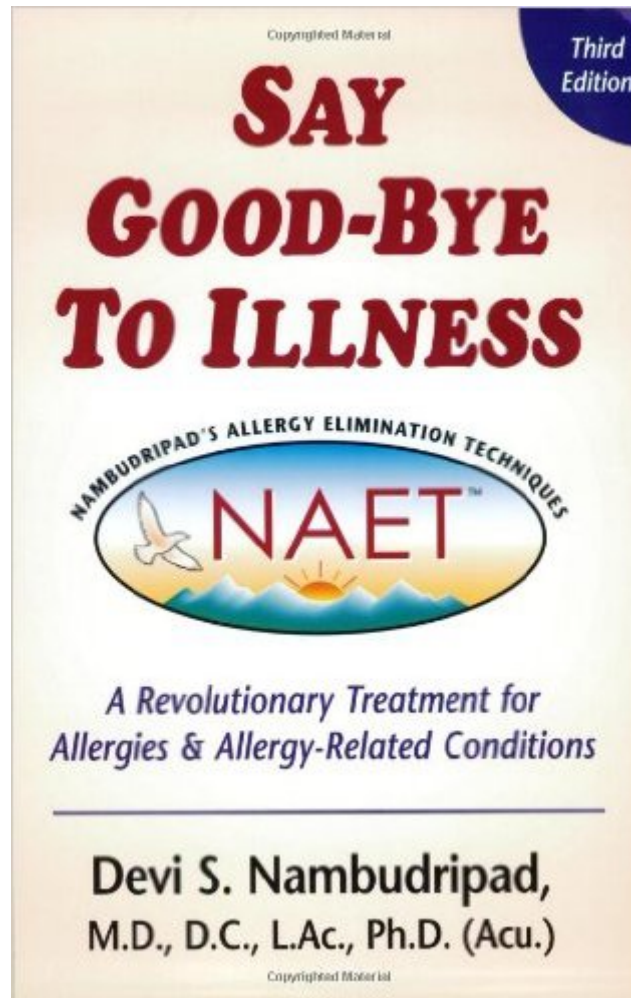


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# Say Good-Bye To Illness (3rd Edition)



## Synopsis

Very Clean and tight

## Book Information

Series: Say Good-Bye To...

Paperback: 500 pages

Publisher: Delta Publishers; 3 edition (May 1, 2002)

Language: English

ISBN-10: 0970434480

ISBN-13: 978-0970434487

Product Dimensions: 9 x 6 x 1 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (74 customer reviews)

Best Sellers Rank: #42,382 in Books (See Top 100 in Books) #17 in [Books > Health, Fitness & Dieting > Nutrition > Food Allergies](#) #29 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies](#) #1032 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

## Customer Reviews

As many people know, suffering from allergies is often times easier than following the doctor's advice to control them. Nambudripad addresses this issue in her book, "Say Good-Bye To Illness." The book "Say Good-Bye To Illness" is an excellent resource book. It is filled with practical advice and tips on how to treat allergies with complete success. Over the years Nambudripad's name has been maligned and sneered at as she pioneered the idea that it's not just heredity or pathogens that lead to chronic illness but unseen allergies accumulated over time. Allergies have always been presented to Americans as the hay fever sufferer or the anaphylactic peanut-eater. But millions of Americans are suffering from allergies to things they come in contact with daily and don't show up as a sneeze or anaphylactic shock but eventually lead to serious chronic illness.

Traditional medical treatments are a miserable failure as attested to by many of our chronically ill. As the drugs and medicines have been added to the mix instead of noninvasive NAET treatments, Americans are suffering complications and a prognosis of continual deterioration. Dr.

Nambudripad's idea that treating allergies with NAET (Nambudripad's Allergy Elimination Technique) can lead to eradicating illness and better health for a host of chronically ill patients has been vindicated. The NAET is a 4 step approach. Step 1 is where you begin treating the basic 10 immune boosters to tip the scale to bolster your immune system and get the immune system up and

running to continue to Step 2. In this step you begin to treat individual allergies you may have to foods, substances, the environment, (any and all allergies and/or sensitivities) and these are continued based on your condition and rate of recovery.

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